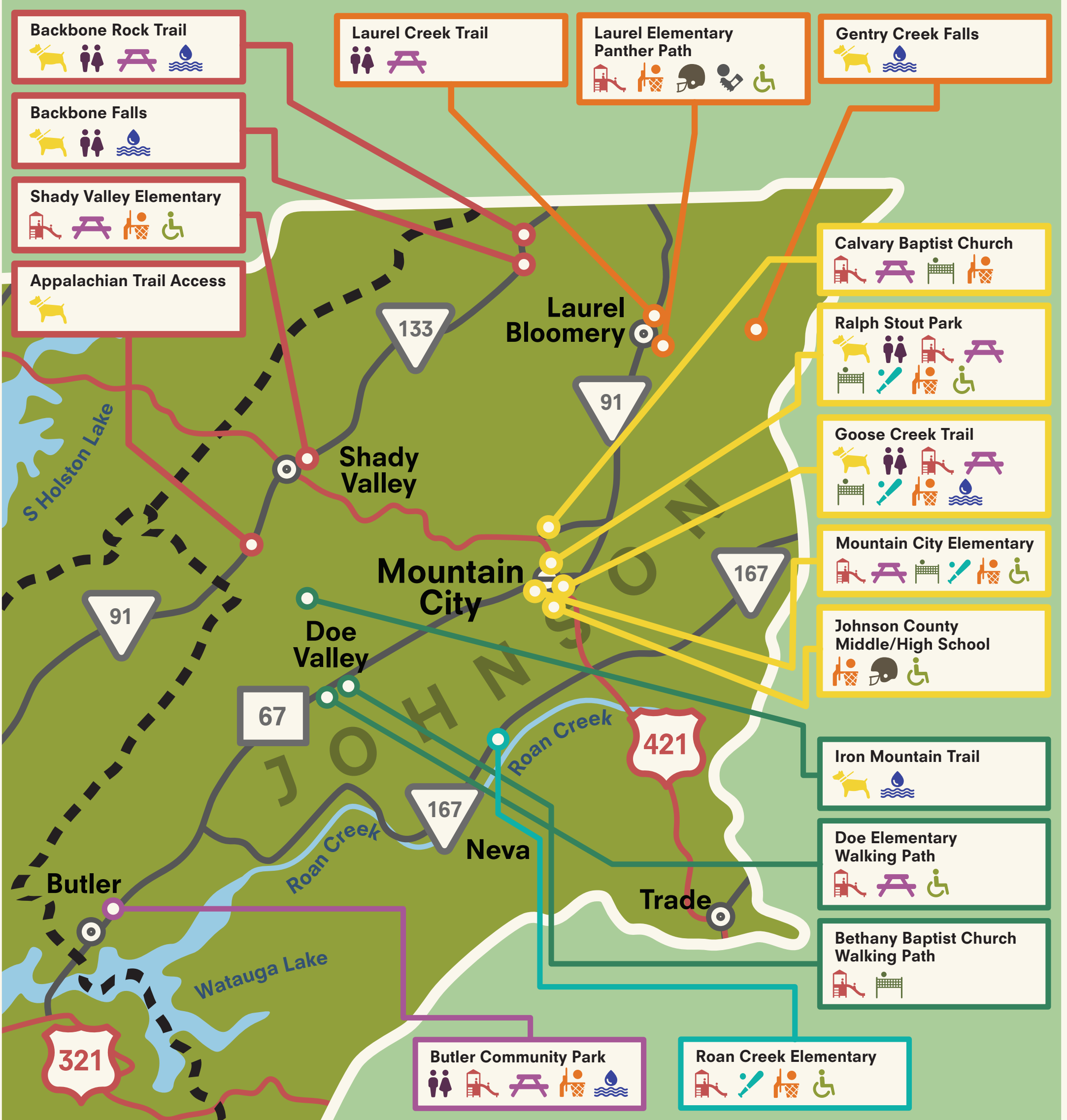


Walking Paths and Hiking Trails of Johnson County



KEY

Pet Friendly	Picnic Tables	Accessible	Playground	Bathroom	Water Source
Volleyball Net	Baseball Field	Football Field	Soccer Field	Basketball Court	



3. Johnson County
 1. Middle/High School
510 Fairground Ln, Mountain City, TN 37683
 - Paved, but shared with vehicle traffic
 - Hours: Weekends and after 3:30 p.m. on weekdays
 - Distance: 0.65 mile/lap around school and football field
 - Difficulty: Hard
 - A flat 0.25 mile loop is also available
4. Calvary Baptist Church
Walking Trail
1354 Cold Springs Rd, Mountain City, TN 37683
 - Gravel path & stream
 - Benches & covered pavilion
 - Hours: Closed dusk 'til dawn and during church services
 - Paved
 - Distance: 0.25 mile/lap
 - Difficulty: Easy
5. Ralph Stout Park
On the 400 Block of North Shady St
/421 North, Mountain City, TN 37683
 - Small skate park
 - Creek, pond, & benches
 - Frisbee golf course
 - Covered pavilion
 - Grill/fire pit
 - Covered stage/amphitheater & bleachers
 - Path #1 (Paved) Distance: 0.5 mile/lap
 - Difficulty: Easy
 - Path #2 (Mulch) Distance: 0.45 mile/lap
 - Difficulty: Easy

1. Gentry Creek Falls
Follow Gentry Creek Rd to the end & continue on Nat'l Forest 122, Laurel
Bloomery, TN 37683
 - Camping & fishing
 - River & waterfalls
 - Distance: 4.5 mile/roundtrip
 - Difficulty: Moderate
2. Laurel Creek Trail
Between Mile Marker 9 & 10 on
Hwy 91, Laurel Bloomery, TN 37680
 - Biking & horses
 - Distance: 3 miles (end to end)
 - Difficulty: Easy
3. Laurel Elementary Panther Path
300 Gentry Creek Rd, Laurel
Bloomery, TN 37680
 - Paved
 - Distance: 0.25 mile/lap
 - Difficulty: Easy
- Mountain City
 1. Mountain City Elementary
301 Donnelly St, Mountain City, TN 37683
 - Paved, shared with vehicle traffic
 - Hours: Weekends & after 6 p.m. on weekdays
 - Distance: 0.25 mile/lap
 - Difficulty: Moderate
 2. Goose Creek Trail
On the 400 Block of North Shady St
/421 North, Mountain City, TN 37683
 - Path from Ralph Stout Park to Mountain City Welcome Center
 - Shared amenities with Ralph Stout Park Paths
 - Distance: 1 mile (one direction)
 - Difficulty: Easy



- Butler
 1. Butler Community Park
Near 16308 TN-67, Butler, TN 37640
 - Not a marked path
 - Distance: 0.20 miles around park
 - Difficulty: Easy
- Doe Valley
 1. Bethany Baptist Walking Path
5950 TN-67, Mountain City, TN 37683
 - Distance: 0.20 mile/lap
 - Difficulty: Easy
 2. Doe Elementary Walking Path
7164 TN-67, Mountain City, TN 37683
 - Paved
 - Distance: 0.35 mile/lap
 - Difficulty: Easy
 3. Iron Mountain Trail - "South"
Iron Mountain Trail, Mountain City, TN, 37683
 - Intersection of TN-91 & TN-34/US 421, turn east for parking lot access
 - Camping
 - Distance: 18 miles/roundtrip
 - Difficulty: Hard

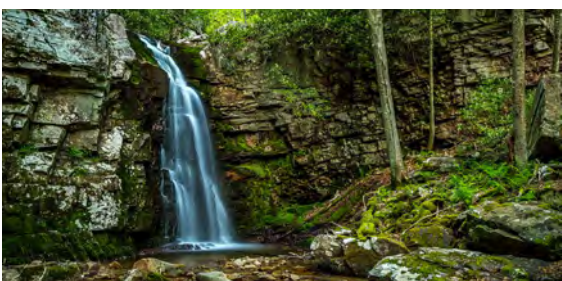
Walking Paths and Hiking Trails of Johnson County - Locations

Roan Creek/Neva

1. Roan Creek Elementary
2410 Roan Creek Rd, Mountain City, TN 37683
 - Paved, shared with vehicle traffic
 - Hours: Weekends & after 6pm on weekdays
 - Distance: 0.25 mile/lap
 - Difficulty: Easy

Shady Valley

1. Backbone Falls
10532 TN-133, Shady Valley, TN 37688
 - Distance: 0.3 mile/lap
 - Difficulty: Moderate
2. Backbone Rock Trail
State Rd 133, Cherokee National Forest, Shady Valley, TN 37688
 - Covered pavilion & grills
 - River access
 - Distance: 0.5 mile/lap
 - Difficulty: Moderate
3. Shady Valley Elementary
423 TN-133, Shady Valley, TN 37688
 - Covered pavilion & grills
 - Distance: 0.25 mile/lap
 - Difficulty: Easy
4. Appalachian Trail Access
Available at Cross Mountain Rd, at U.S. Hwy 421 on Holston Mountain and at McQueen's Gap
 - Distance: Approx. 30 miles
 - Difficulty: Moderate



Go Outside

Getting outside has been proven to improve your physical and mental health. So go ahead, step outside, get into your local park, and get moving!

Earn Points

Ever heard of a win, win, win? With Healthy Parks Healthy Person© TN you get to go outside, improve your health, and earn points in the app. That's a win, win, win for everyone!

Get Rewards

The motivation to improve your health has to come from the inside, but it doesn't hurt to get a nice reward every once in a while for your effort! Redeem your points for rewards provided by Tennessee State Parks such as free meals, cabin stays, golfing, and camping.



Scan this QR Code and create your **FREE Healthy Parks Healthy Person©** account, and start earning today!



FREE

Walking Paths and Hiking Trails of Johnson County



Let us reward you for taking steps toward a healthier you! Visit app.healthyparkstn.com on your PC or mobile device to create an account and start earning points that you can redeem for free meals and activities in our beautiful local parks.



Brochure designed by the Rural Primary Care Track Projects Course Students 2017

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